**Subject**: Worry

**Theme**: How to Overcome Worry

**Text**: Matthew 6:24-34

**Introduction**: Many Christians are worried about their life, worried about how they are going to make their next car payment or money to fix the car, worried about how they are going to pay the rent or the mortgage this month. Worried about how they are going to pay for their children’s college. Worried about providing food for their families. Worried about their job.

In this passage Jesus teaches us how a Christian can overcome worry.

Jesus begins his teaching on overcoming worry by making this statement in v.24

**Hebrews 13:5 (NLT)**5 Stay away from the love of money; be satisfied with what you have. For God has said, "I will never fail you. I will never forsake you."

1. **A Christian Can Overcome Worry by Realizing How Valuable He is in God’s sight. 26-30**

More valuable than birds

More valuable than lilies

**Genesis 1:27 (NLT)**So God created people in his **own image**; God patterned them **after himself**; male and female he created them.

**Romans 5:8 (NLT)**But God showed **his great love for us** by sending Christ to die for us while we were still sinners.

**1 Peter 5:7 (NLT)**   
7 Give all your worries and cares to God, for **he cares about what happens to you**.

**Philippians 4:6 (NLT)**   
6 **Don't worry about anything**; instead, pray about everything. Tell God what you need, and thank him for all he has done.

**Psalms 55:22 (NLT)**   
22 Give your burdens to the LORD, and **he will take care of you**. He will not permit the godly to slip and fall.

1. **A Christian Can Overcome Worry by Seeking God’s Kingdom First of All. 31-33**

**Gen 1; 1**

“ In the beginning God – created the heavens and the earth “

* **When God is not you’re starting point you will end up worrying about everything**
* **When God is not first in your order of relationships, all other relationships become problematic**

**That’s why so many marriages end up in divorce**

**Luke 12:31 (NLT)**   
31 He will give you all you need from day to day if you make the Kingdom of God **your primary concern.**

* **Put God’s Kingdom first in your Finances.**

**Jesus said in Luke 6:38 (NLT)**   
38 If you give, you will receive. Your gift will return to you in full measure, pressed down, shaken together to make room for more, and running over. Whatever measure you use in giving—large or small—it will be used to measure what is given back to you."

**Malachi 3:10 (NLT)**10 Bring all the tithes into the storehouse so there will be enough food in my Temple. If you do," says the LORD Almighty, "I will open the windows of heaven for you. I will pour out a blessing so great you won't have enough room to take it in! Try it! Let me prove it to you!

1. **A Christian Can Overcome Worry by living one day at a Time. 34**